

## 2025 Lincoln Track Club Spring Forward Run - 10 Mile (Seachable) - results

OnlineRaceResults.com

PLACE	NAME	DIV	DIV PL	4.6M	8.3M	GUN TIME	PACE	TIME
1	John Cleary	M2029	1/14	23:40	42:50	51:16	5:08	51:16
2	Kyle Clouston	M4049	1/24	25:24	45:42	54:35	5:28	54:35
3	Michael McCarville	M3039	1/20	25:26	46:27	55:39	5:34	55:39
4	Pierce Pennell	M2029	2/14	25:32	46:59	56:38	5:40	56:37
5	Goanar Chot`	M2029	3/14	27:12	48:40	57:40	5:46	57:38
6	Nicholas Bailey	M2029	4/14	25:42	48:02	57:54	5:48	57:54
7	Jay Oligmueller	M4049	2/24	27:52	50:13	59:49	5:59	59:47
8	Billy Petracek	M3039	2/20	28:04	50:19	59:52	6:00	59:51
9	Zachary Pauley	M2029	5/14	27:13	50:03	1:00:23	6:03	1:00:22
10	Yushin Gossin	M2029	6/14	28:19	50:54	1:00:58	6:06	1:00:54
11	Ryan Hatt	M4049	3/24	28:56	52:32	1:03:17	6:20	1:03:14
12	Mike Daugherty	M3039	3/20	28:49	53:22	1:04:00	6:24	1:03:57
13	Jacob Henderson	M3039	4/20	29:55	53:54	1:04:08	6:25	1:04:06
14	Jeffrey Brune	M6069	1/8	29:47	53:54	1:04:43	6:28	1:04:37
15	Daniel Humphrey	M2029	7/14	30:40	55:12	1:05:47	6:35	1:05:44
16	Matthew Blankenau	M3039	5/20	30:57	55:52	1:06:39	6:40	1:06:37
17	Nathan Gurule	M3039	6/20	31:11	56:05	1:07:07	6:43	1:07:04
18	Christopher Whitney	M4049	4/24	31:46	57:03	1:08:09	6:49	1:08:05
19	Kush Abdulloev	M3039	7/20	31:44	57:15	1:08:11	6:49	1:08:07
20	Bryan Sypal	M4049	5/24	31:52	57:21	1:08:34	6:51	1:08:30
21	Daniel Kuca	M3039	8/20	32:29	58:02	1:08:39	6:52	1:08:34
22	Brandon Ladwig	M4049	6/24	31:46	57:25	1:08:39	6:52	1:08:37
23	Todd Nott	M6069	2/8	32:12	57:55	1:09:16	6:56	1:09:13
24	Rick Tast	M5059	1/13	32:45	58:30	1:10:00	6:58	1:09:37
25	Anna Seibel	F2029	1/10	32:01	58:11	1:09:45	6:59	1:09:43
26	Trey Seibel	M2029	8/14	32:00	58:10	1:09:48	6:59	1:09:45
27	Mary Hillabrand	F4049	1/19	32:04	58:35	1:10:39	7:04	1:10:34
28	Josh Hilkemann	M3039	9/20	33:00	59:50	1:11:33	7:09	1:11:28
29	Tiffany Murray	F3039	1/16	34:10	1:00:56	1:12:27	7:15	1:12:22
30	Aksel Nelsen	M4049	7/24	34:19	1:01:06	1:13:16	7:18	1:12:58
31	Dan Uden	M3039	10/20	33:04	1:00:57	1:13:30	7:21	1:13:25
32	Monroe Mallum	M3039	11/20	34:13	1:01:21	1:13:39	7:21	1:13:26
33	Ian Tsukada	M2029	9/14	33:35	59:51	1:13:40	7:22	1:13:31
34	Sierra Luque	F3039	2/16	33:47	1:01:35	1:14:11	7:25	1:14:05
35	Traci Thiem	F3039	3/16	33:53	1:02:13	1:14:39	7:28	1:14:34
36	Amber McIntyre Aguirre	F4049	2/19	34:24	1:02:18	1:14:48	7:29	1:14:42
37	Lincoln Arneal	M4049	8/24	34:20	1:02:43	1:15:01	7:30	1:14:56
38	Sydney Kobza	F3039	4/16	35:19	1:03:39	1:15:47	7:34	1:15:39
39	Jacob Bonander	M3039	12/20	35:53	1:04:00	1:15:49	7:35	1:15:43
40	Margaret Davis	F4049	3/19	35:20	1:03:42	1:16:18	7:37	1:16:10
41	Derek Brandt	M4049	9/24	36:44	1:04:43	1:16:26	7:38	1:16:17
42	Cody Schaad	M2029	10/14	35:38	1:04:58	1:16:55	7:42	1:16:52
43	Jay Storz	M5059	2/13	35:14	1:04:24	1:16:59	7:42	1:16:53
44	Jeremy Ahlman	M4049	10/24	35:49	1:04:19	1:17:13	7:43	1:17:07
45	Drew Tanabe	M2029	11/14	36:08	1:04:57	1:17:24	7:44	1:17:16
46	Daniel Mercer	M4049	11/24	37:50	1:05:55	1:17:46	7:46	1:17:33
47	Ian Thomas	M3039	13/20	35:13	1:04:51	1:17:59	7:47	1:17:47
48	Jill Rallis	F4049	4/19	35:45	1:04:52	1:17:57	7:47	1:17:50
49	Mara Wasserman	F2029	2/10	36:17	1:05:49	1:19:02	7:54	1:18:58
50	Tom Volk	M5059	3/13	36:32	1:06:41	1:19:53	7:59	1:19:49
51	Andrew Maughn	M4049	12/24	37:14	1:07:31	1:20:37	8:03	1:20:30
52	Bryan Areman	M6069	3/8	37:18	1:07:28	1:20:49	8:04	1:20:38
53	Kristi Newcomb	F6069	1/9	37:28	1:07:44	1:21:19	8:07	1:21:10
54	Lee Schroeder	M4049	13/24	37:02	1:08:07	1:22:17	8:13	1:22:05
55	Rebecca Rezac	F4049	5/19	37:51	1:08:41	1:22:27	8:14	1:22:16
56	Dawn Claus	F6069	2/9	37:46	1:08:47	1:22:39	8:15	1:22:30
57	Jessica Meza	F3039	5/16	37:52	1:08:54	1:23:03	8:18	1:22:53
58	Carlos Manabat	M3039	14/20	38:42	1:10:39	1:24:38	8:27	1:24:28
59	Sue Hartman	F5059	1/11	38:18	1:10:11	1:24:40	8:28	1:24:31
60	Jon Davidson	M3039	15/20	38:39	1:09:36	1:24:57	8:29	1:24:48
61	Madie Schaefer	F2029	3/10	40:13	1:11:05	1:25:20	8:32	1:25:17
62	Chris Sommerich	M5059	4/13	39:00	1:11:00	1:25:31	8:32	1:25:20
63	Laura Brackhan	F3039	6/16	38:55	1:11:27	1:25:49	8:34	1:25:31
64	Brad Penner	M6069	4/8	39:07	1:11:16	1:25:41	8:34	1:25:34
65	Joey Svehla	M5059	5/13	39:22	1:11:30	1:26:06	8:35	1:25:47
66	Marty Berge	M6069	5/8	38:45	1:11:45	1:26:30	8:39	1:26:21
67	Tom Henry	M2029	12/14	42:40	1:13:24	1:26:41	8:39	1:26:27
68	Justin Swanson	M4049	14/24	39:49	1:12:57	1:26:38	8:40	1:26:32
69	Madit Garafan	M3039	16/20	40:26	1:12:57	1:26:53	8:40	1:26:35
70	Laurie Horner	F5059	2/11	39:13	1:12:07	1:26:48	8:40	1:26:39
71	Paul Hernandez	M5059	6/13	39:42	1:12:36	1:26:59	8:41	1:26:48
72	Melisa Becerra	F2029	4/10	40:42	1:12:50	1:27:25	8:43	1:27:04
73	Nicole Sorensen	F3039	7/16	40:47	1:13:51	1:28:17	8:49	1:28:04
74	Curtis Jamison	M4049	15/24	40:25	1:13:55	1:28:36	8:50	1:28:17
75	Rachel Sundman	F2029	5/10	40:09	1:13:55	1:28:34	8:51	1:28:30
76	Hana Waissarova	F5059	3/11	40:40	1:14:04	1:29:19	8:55	1:29:08
77	Dick James	M7099	1/5	41:51	1:15:16	1:29:36	8:57	1:29:26
78	Jeff Spilinek	M5059	7/13	41:41	1:15:21	1:30:32	9:01	1:30:09
79	Matthew Ihrig	M4049	16/24	41:57	1:15:07	1:30:30	9:02	1:30:12
80	David Binerer	M4049	17/24	42:04	1:15:58	1:30:36	9:02	1:30:15
81	Colleen Kelley	F2029	6/10	40:32	1:13:53	1:30:49	9:04	1:30:31
82	Aimee Burch	F3039	8/16	42:14	1:17:05	1:32:13	9:13	1:32:01
83	Tom Wheelton	M6069	6/8	41:34	1:16:55	1:32:23	9:14	1:32:11
84	Robin Higley	F6069	3/9	42:01	1:17:07	1:32:58	9:17	1:32:45
85	Alicia Schroeder	F3039	9/16	41:56	1:17:00	1:33:16	9:19	1:33:05
86	Blake Anderson	M5059	8/13	40:57	1:17:02	1:33:25	9:19	1:33:10
87	Camryn Capek	F2029	7/10	42:33	1:17:40	1:33:36	9:21	1:33:23
88	Amber Fader	F4049	6/19	42:40	1:18:16	1:34:16	9:25	1:34:02
89	Andrea Basche	F4049	7/19	43:36	1:18:50	1:34:30	9:26	1:34:16
90	Denise Craig	F4049	8/19	44:00	1:19:09	1:34:42	9:27	1:34:26
91	Steven Hower	M4049	18/24	43:15	1:19:04	1:34:55	9:29	1:34:41
92	Mark Weddleton	M6069	7/8	44:57	1:19:22	1:35:01	9:29	1:34:46
93	Kevin Van Cott	M2029	13/14	43:01	1:19:08	1:35:30	9:33	1:35:22
94	Diana Jacobsen	F5059	4/11	44:26	1:20:17	1:36:10	9:36	1:35:58
95	Kaitlin Kreifels	F3039	10/16	44:43	1:20:25	1:36:11	9:36	1:36:00
96	Nick Guenzel	M4049	19/24	42:18	1:19:28	1:36:29	9:38	1:36:11
97	Anna Jordan	F4049	9/19	42:50	1:20:06	1:36:29	9:39	1:36:23
98	Therese Liegl	F6069	4/9	44:03	1:20:32	1:37:30	9:44	1:37:20
99	Dawn Bringelson	F5059	5/11	45:31	1:22:06	1:38:16	9:49	1:38:02
100	Tish Fobben	F6069	5/9	45:32	1:22:15	1:38:36	9:51	1:38:21

PLACE	NAME	DIV	DIV PL	4.6M	8.3M	GUN TIME	PACE	TIME
101	Erin Makinson	F2029	8/10	46:05	1:22:03	1:38:44	9:51	1:38:25
102	Vincent Cao	M3039	17/20	50:40	1:26:10	1:40:48	10:04	1:40:36
103	Larry Dietrich	M7099	2/5	46:56	1:24:21	1:41:08	10:06	1:40:52
104	Mark Empson	M7099	3/5	49:30	1:26:18	1:42:12	10:12	1:41:54
105	Melanie Joseph	F4049	10/19	46:46	1:25:03	1:42:20	10:13	1:42:09
106	Ciara Stueve	F2029	9/10	47:52	1:26:20	1:43:43	10:21	1:43:21
107	Kayla Sellhorn	F3039	11/16	47:48	1:27:04	1:44:23	10:26	1:44:16
108	Ashley Torske	F3039	12/16	47:47	1:27:01	1:44:24	10:26	1:44:16
109	Ward Williams	M5059	9/13	49:04	1:28:06	1:44:57	10:29	1:44:44
110	Jenny Briseno	F4049	11/19	50:12	1:27:52	1:45:00	10:29	1:44:46
111	Amber Vraspir	F3039	13/16	49:34	1:28:30	1:45:28	10:32	1:45:20
112	Rachael Middleton	F3039	14/16	48:36	1:28:56	1:47:22	10:44	1:47:12
113	Aaron Spicka	M3039	18/20	48:26	1:29:27	1:48:03	10:46	1:47:31
114	Bonita Sharif	F4049	12/19	50:51	1:31:44	1:50:12	11:00	1:49:57
115	Deb Hart	F5059	6/11	54:15	1:33:09	1:51:32	11:08	1:51:11
116	John Makinson	M5059	10/13	50:22	1:33:31	1:53:03	11:17	1:52:45
117	Lisa Zaev	F4049	13/19	52:42	1:35:10	1:54:07	11:24	1:53:51
118	Jana Voracek	F5059	7/11	52:33	1:36:07	1:55:50	11:34	1:55:33
119	Madison Gaver	F0119	1/1	49:40	1:36:13	1:56:20	11:37	1:56:05
120	Kathee Sanchez	F7099	1/3	54:15	1:38:57	1:58:30	11:50	1:58:12
121	Cody Zessin	M3039	19/20	53:42	1:39:56	1:58:59	11:53	1:58:50
122	Sarah Rosenau	F4049	14/19	53:42	1:39:57	1:59:12	11:55	1:59:03
123	Jacquelyn Omelian	F4049	15/19	52:38	1:39:25	2:00:14	12:01	2:00:02
124	Mary Gordon	F5059	8/11	53:48	1:40:00	2:00:44	12:04	2:00:35
125	Nancy Howard	F7099	2/3	53:39	1:39:40	2:01:01	12:04	2:00:40
126	Jason Koch	M5059	11/13	54:36	1:39:50	2:01:01	12:05	2:00:41
127	Jamie Krien	F3039	15/16	53:45	1:39:57	2:00:55	12:05	2:00:45
128	Bart Moore	M6069	8/8	56:20	1:41:39	2:02:33	12:14	2:02:13
129	Kimberly Creech	F6069	6/9	57:10	1:44:33	2:04:41	12:27	2:04:25
130	Julie Thomsen	F6069	7/9	57:53	58:09	2:04:43	12:27	2:04:27
131	David Peters	M7099	4/5	57:48	1:47:31	2:06:56	12:41	2:06:43
132	Becky Sudik	F5059	9/11	57:46	1:47:31	2:06:56	12:41	2:06:43
133	Barbara Perry	F6069	8/9	57:23	1:45:54	2:07:40	12:45	2:07:25
134	Rebecca Lee	F3039	16/16	57:19	1:48:17	2:08:22	12:49	2:08:04
135	Lisa Markus	F5059	10/11	59:52	1:49:34	2:11:02	13:05	2:10:46
136	Connor Bohlken	M3039	20/20					
137	Morgan Buehler	F2029	10/10					
138	Jim Coll	M5059	12/13					
139	Joe Dondlinger	M4049	20/24					
140	Bryn Gardner	F4049	16/19					
141	Janet Kendrick	F7099	3/3					
142	Mitchell Lichti	M4049	21/24					
143	Michael Merical	M2029	14/14					
144	Ryan Minert	M4049	22/24					
145	Nat Ogura	F4049	17/19					
146	Shonna Parker	F5059	11/11					
147	Kayte Partch	F4049	18/19					
148	Paul Rallis	M4049	23/24					
149	Ryan Regnier	M4049	24/24					
150	John Skretta	M5059	13/13					
151	Scott Stuckey	M7099	5/5					
152	Denise Teahon Peter	F6069	9/9					
153	Emmeline Watson	F4049	19/19					